BIG SANDY RANCHERIA

SMOKE SIGNALS

June 2021

A message from Tribal Council

Munahoo Neum,

Tzow Kupasamit, Good June. It is unsure whether the current recommendations the CDC has implemented will last or if things will go back to normal soon. The Council has decided to keep the Casino a non-smoking facility as well as keeping the mask requirement rule upon entry in place. These simple, very effective prevention techniques will most definitely help us in the long run to this pandemic.

Pavement has been done to almost all tribal owned dirt roads here on the rancheria for dust control and health preventions. In addition to this, the construction of the new Family Services facility is in full swing. That being said, please be aware of your surroundings when going through the pow-wow grounds area.

Finally, to all residents who live here on Big Sandy Rancheria. Summertime is here and we must preserve all the water we can! Recently, one of the main wells pump #6 was replaced, but now well #6 is totally dried up. The Rancheria dramatically needs to reduce water usage on the Community Water System. Please keep in mind, you are on the Community Water System, not your own private well! With current events transpiring, Tribal Council might have to implement a Water Meter Program. Those households who exceed the Average Water Usage Bracket will be charged. They will have to pay a flat rate per gallon until readings at households come back down to normal. Thank you all and like always have a blessed rest of your month.

REMINDER: The newsletter is available by email, if you would like to start receiving the newsletter through email rather than mail please contact the Tribal Office at 559.374.0066.

Council Meetings

Tribal Council	General Council
Wednesday, June 30, 2021	**Sunday, June 27, 2021**
Wednesday, July 28, 2021	**Sunday, September 26, 2021**
Wednesday, August 25, 2021	**Sunday, December 12, 2021**
Wednesday, September 29, 2021	
Wednesday, October 27, 2021	
Wednesday, November 24, 2021	
Sunday, December 12, 2021	

Tribal Office Holiday Schedule

Date	Holiday
Monday, July 5, 2021	**Independence Day**
Monday, September 6, 2021	**Labor Day**
Friday, September 24, 2021	**California American Indian Day**
Thursday, November 11, 2021	**Veteran's Day**
Thursday, November 25, 2021	**Thanksgiving Day**
Friday, November 26, 2021	**Day after Thanksgiving**

June Birthdays

Leann Anguiano
Jackson Atwell
Nathaniel Atwell
Catherine Baty
Loren Baty
Brittany Beecher
Mariah Campbell
Joey Colmenero
Deborah Cunningham
Matthew Cunningham
Paige Davis
Wasoomte Del Toro
Arcadio Garcia
Valencia Guevara
Brianna Huffman

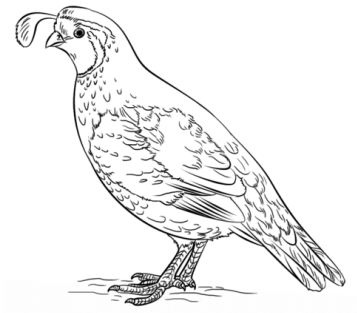
Cataleya Johnson
Jakoby Johnson
Norienna Johnson
Ida Lewis
Nioka Lewis
Trey Lewis
Patricia Minihane
Priscilla Minihane
George Moore
Ezekiel Pacheco
Alicia Ramirez
Haley Rae Ramirez
Regina Rhoan
Rhea Richards

Bryon Riley
Rebecca Riley
Thomas Riley
Josiah Rodriguez
Nevaeh Sanchez
Erin Santillan
Ethan Santillan
Danielle Sewell
Nakewesetti Smith
Precious Smith
Patrick Soto
Michael Taylor
Saldalena Valle
Jackie Walker
Beautiful Young

Western Mono Language

Birds

Color the words and the bird.

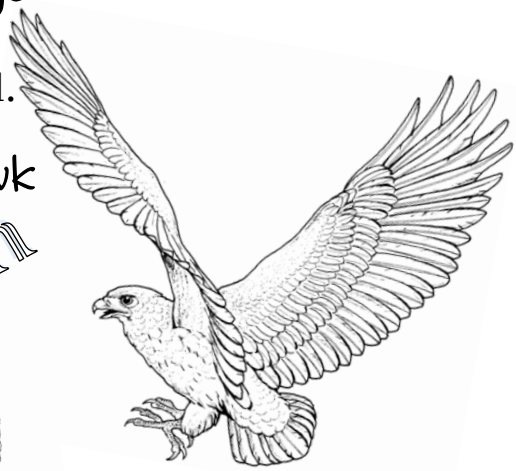


Mountain Quail

chee-peet

Red-Tailed Hawk

Put-nah



Dove

hay-wee

Great Horned Owl

hoo-hoo-nah

Blue Jay

Site-site

BSR Summer Food Program

The BSR Summer Food Program will be starting in June.

Dates	Meals	
	Breakfast	8:30-9am
June 7– August 16	Lunch	12-12:30pm

Location
Big Sandy Rancheria Multi-Purpose Building
37387 Auberry Mission Rd. Auberry, CA

Please be sure to complete an application with CAP to confirm you qualify.

Equal Opportunity

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

Fax: 202-690-7442

E-mail: program.intake@usda.gov

This institution is an equal opportunity provider.

free healthy meals

available all summer long

Please contact Johanna Leal for more information at
559.374.0066 ext. 216

USDA

Community FOOD BANK

NEXT FOOD BANK

Thursday, June 17, 2021
9:00am-12:00pm
Big Sandy Rancheria
37387 Auberry Mission Rd
Auberry, CA 93602
***every third Thursday of the month**

BSR General Store

Open Everyday
6:00am-10:00pm

559-825-6645

37302 Rancheria Lane
Auberry, CA 93602

BSR Head Start

Special Day Reminders

Summer Program Begins

June 1st

Community Food Bank

June 17th, 2021

Closed: Staff Development Day

June 25th, 2021

Phone: 559 374 0066 Ext.216

BSR Environmental Department June 2021

Ambient Air

Indoor Air Quality (IAQ) refers to the air quality within and around buildings and structures, especially as it relates to the health and comfort of building occupants. Understanding and controlling common pollutants indoors can help reduce your risk of indoor health concerns. Indoor pollution sources that release gases or particles into the air are the primary cause of indoor air quality problems. Inadequate ventilation can increase indoor pollutant levels by not bringing in enough outdoor air to dilute emissions from indoor sources and by not carrying indoor air pollutants out of the area. High temperature and humidity levels can also increase concentrations of some pollutants.

Outdoor Air

Outdoor air—the air outside buildings, from ground level to several miles above the Earth's surface—is a valuable resource for current and future generations because it provides essential gases to sustain life and it shields the Earth from harmful radiation. Air pollution can compromise human health and the environment in many ways. For example, outdoor air pollution:

- Is associated with a number of human health effects including heart attacks, asthma attacks, bronchitis, hospital and emergency room visits, work and school days lost, restricted activity days, respiratory symptoms, and premature mortality.
- Can contribute to "acid rain."
- Can impair visibility and damage crops
- Can diminish the protective ozone layer in the upper atmosphere.

Maintaining clean air is a challenging but achievable task.

Big Sandy and our educational efforts:

⇒ Education on air pollution and air quality

⇒ Activities are dispersed on a weekly basis that offer hands on activities

⇒ Air quality programs complete indoor air quality assessments in effort of reducing hazards

Earth Week Wins!

Big Sandy community filled up a 40 yard dumpster in less than a week. Good job with your clean up efforts.

Recycling Wins!

Our solid waste department collected over a hundred batteries and lightbulbs during Earth week!!

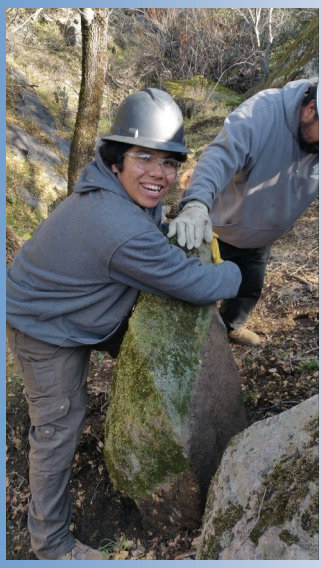
For additional information or for any questions contact:

Sue Carter @ 374-0066 ext.204 or Rebecca Riley @ 374-0066 ext. 240

Work Force Development Department

WFD would like to congratulate Frank Deleon for being accepted into the Lineman Apprenticeship Program and to Alex Mendez for completing and receiving his High School Diploma. Frank and Alex are two of WFD's first success stories. We will miss Frank and would like to wish him good luck in his future endeavors. We look forward to Alex's continued help with our current crew. The crew is still constructing trails on the San Joaquin River Trail near Redinger Lake with the crew from (FIELD) out of Tehachapi. The crew is also working on a fuel reduction project near Cedar Valley with Calaveras Healthy Impact Project Solutions (CHIPS). If you have any questions please contact Rick Fleming WFD Director (559) 374-0066 ext. 230

Alex Mendez & Frank Deleon



Frank Deleon

Alex Mendez, Richard Marvin & Frank Deleon

Alex Mendez

Big Sandy Rancheria
Social & Human Services Department

Victims Assistance Program

Monthly Zoom Meeting

WEDNESDAY
June 9, 2021
@1:30PM
IMPORTANCE OF SELF CARE
** SELF
DEFENSE BAG GIVEAWAY**

WEDNESDAY
June 23, 2021
@1:30PM
DIFFERENT TYPES OF SELF CARE

Join Zoom Meeting
https://zoom.us/j/8806916871?pwd=UXloN2RaZHlERVZMN0tUK1hKLzdWUT09

Meeting ID: 880 691 6871
Passcode: BSR2

Big Sandy Rancheria
Social & Human Services Department

POSITIVE INDIAN PARENTING CLASS

Spots available! Sign up by calling (559) 374-0049 ext. 215 or 243

8 WEEK COURSE
DATES WILL BE DETERMINED AFTER YOU SIGN-UP

ALL COVID-19 Protocols will apply during sessions.
Temperatures will be taken
Hand sanitizer will be available
Masks will be available if you do not have one

Youth Grant Opportunity

Community involvement is something that can start small and make a big impact.
Step up and shape your community in positive ways with a community service mini grant.
Open to American Indian and Alaska Native youth 13-21 years old with an adult mentor.
The grant funds up to $475 for a community service project.

Find a group of friends and brainstorm an idea:
Get inspired with ideas from : dosomething.org
Or create your own activity in conjunction with a National health observance like World No Tobacco Day or Teen Pregnancy Prevention Month: healthfinder.gov

Contact Tangee Hiebert at 917-7135 or 374-0049 if you are ready to apply!

CAP PRESENTS

COMPUTER CLASSES

JUNE 2021

MONDAYS: 10AM

WEDNESDAYS:1PM

COMPUTER CLASSES FOR ALL AGES

DROP IN TIMES OR APPOINTMENTS AVAILABLE

- COMPUTER BASICS CLASSES
- ELDERS READINESS CLASSES
- TUTORING SERVICES
- HIGHER EDUCATION SERVICES

QUESTIONS: CONTACT REBECCA RILEY @ 374-0066 EXT.240

Made with PosterMyWall.com

Big Sandy Rancheria

Community Activities Program

Promoting Family Formation & Community Bonding

Beaded Medallion

Mondays in June

Zoom Meetings

June 7 & June 14

Mondays at 4:00pm

June 21 & June 28

Contact Information

Norelva Alarcon

Email: nalarcon@bsrnation.com

Phone: 374-0066

Message: 970-3592

Family Formation

Nurturing Hope: Community Care

Tuesdays / 4:00 pm

Zoom Link:
https://zoom.us/j/98494985445

Harmony & Balance

June 1st: The Mono Way

"Native Californians were not simply in Califirnia; they were California. They were an integral and essential agent in the creation of a balance..."
-M. Kat Anderson-

Creating Common Memory

June 15th: Common Memory? We are in this together.

"Where common memory is lacking... there can be no real community. Where community is to be formed, common memory must be created."
-Georges Erasmus, Dene Elder-

June 8th: [Craft] Water Bottle Bird Feeder

June 22nd: [Craft] Paint A Picture of Your Community

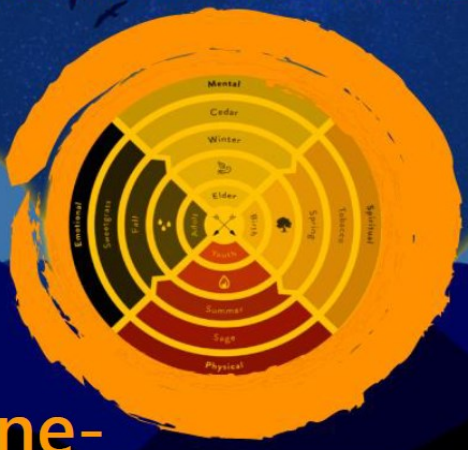
June 29th: Talk About What It Means to Be BSR Mono. What Does It Mean to Be Native?

Join the zoom session to talk together about what it means to you to be a BSR Tribal member. Share you Native Pride.

Contact:
ccarpenter@bsrnation.com
559-374-0066 ext. 207

Made with PosterMyWall.com

BIG SANDY RANCHERIA
COMMUNITY ACTIVITIES PROGRAM



-June-

FAMILY FITNESS

3:30PM-4:00PM

WEDNESDAY • THURSDAY • FRIDAY

https://zoom.us/j/99655079656

CONTACT INFORMATION:

ccarpenter@bsrnation.com

S.T.E.A.M

WEDNESDAYS IN JUNE
ZOOM MEETINGS AT
4:00 PM

Join the BSR Community Activities Program for some fun family formation STEM projects

Contact Information: Autumn Davis
Email: Adavis@bsrnation.com
(559)374-0066 ext.206

Made with PosterMyWall.com

CAP PRESENTS

COOKING CLASSES

VIA ZOOM

JUNE 9TH AND 23RD | STARTS AT 4PM

Join our cooking class via zoom and learn some healthy and delicious recipes. Supplies are provided in the weekly education deliveries. If there are any recipes that you may want to learn, feel free to contact us.

For more information contact:

CAP Department Autumn Davis @ (559)374-0066 ext. 206

email: adavis@bsrnation.com

TEEN ACTIVITY

DreamCatchers

every Thursday in the month of June!

VIA ZOOM@4PM

DREAM IT..
THINK IT..
DO IT..

Teen Topic of discussion
"Leadership"

If your teen is interested in this activity contact Brandi Kelley at Bkelley@bsrnation.com

Made with PosterMyWall.com

Join The Community Services Department AS We Present:

Baking & Bonding

VIA ZOOM AT 4PM

CUPCAKES
MINI-CUPCAKES
CAKE-POPS
SWEET TREETS

Friday's In the month of June

Call: 559-374-0066 ext.206 | Email: bkelley@bsrnation.com

Made with PosterMyWall.com

2021 June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Community Care ZOOM 4pm	2 Computer Lab 1pm Family Fitness ZOOM 3:30pm STEM ZOOM 4pm	3 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	4 TULE RIVER FOOD DISTRIBUTION 10:30-12PM Family Fitness ZOOM 3:30pm Baking & Bonding ZOOM 4pm	5
6	7 After School Program Delivery BSR Computer Lab 10am Beaded Medallions ZOOM 4pm	8 Community Care ZOOM 4pm	9 Computer Lab 1pm Family Fitness ZOOM 3:30pm STEM ZOOM 4pm Cooking Class ZOOM 4pm	10 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	11 Family Fitness ZOOM 3:30pm Baking & Bonding ZOOM 4pm	12
13	14 After School Program Delivery BSR Computer Lab 10am Beaded Medallions ZOOM 4pm	15 Community Care ZOOM 4pm	16 Computer Lab 1pm Family Fitness ZOOM 3:30pm STEM ZOOM 4pm	17 FOOD BANK 9-12PM Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	18 Family Fitness ZOOM 3:30pm Baking & Bonding ZOOM 4pm	19
20	21 After School Program Delivery BSR Computer Lab 10am Beaded Medallions ZOOM 4pm	22 Community Care ZOOM 4pm	23 Computer Lab 1pm Family Fitness ZOOM 3:30pm STEM ZOOM 4pm Cooking Class ZOOM 4pm	24 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	25 Family Fitness ZOOM 3:30pm Baking & Bonding ZOOM 4pm	26
27 GENERAL COUNCIL MEETING 10AM	28 After School Program Delivery BSR Computer Lab 10am Beaded Medallions ZOOM 4pm	29 Community Care ZOOM 4pm	30 TRIBAL COUNCIL MEETING 10AM Computer Lab 1pm Family Fitness ZOOM 3:30pm STEM ZOOM 4pm			

2021 July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	2 Family Fitness ZOOM 3:30pm Family Activity ZOOM 4pm	3
4	5 TRIBAL OFFICES CLOSED INDEPENDENCE DAY	6 Fun in the Sun ZOOM 4pm	7 TULE RIVER FOOD DISTRIBUTION 10:30-12PM Computer Lab 10am Family Fitness ZOOM 3:30pm Tie Dye ZOOM 4pm Cooking Class ZOOM 4pm	8 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	9 Family Fitness ZOOM 3:30pm Family Activity ZOOM 4pm	10
11	12 After School Program Delivery BSR Computer Lab 10am Beaded Earrings ZOOM 5pm	13 Fun in the Sun ZOOM 4pm	14 Computer Lab 10am Family Fitness ZOOM 3:30pm Tie Dye ZOOM 4pm	15 FOOD BANK 9-12PM Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	16 Family Fitness ZOOM 3:30pm Family Activity ZOOM 4pm	17
18	19 After School Program Delivery BSR Computer Lab 10am Beaded Earrings ZOOM 5pm	20 Fun in the Sun ZOOM 4pm	21 Computer Lab 10am Family Fitness ZOOM 3:30pm Tie Dye ZOOM 4pm Cooking Class ZOOM 4pm	22 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	23 Family Fitness ZOOM 3:30pm Family Activity ZOOM 4pm	24
25	26 After School Program Delivery BSR Computer Lab 10am Beaded Earrings ZOOM 5pm	27 Fun in the Sun ZOOM 4pm	28 TRIBAL COUNCIL MEETING 10AM Computer Lab 10am Family Fitness ZOOM 3:30pm Tie Dye ZOOM 4pm	29 Family Fitness ZOOM 3:30pm Teen ZOOM 4pm	30 Family Fitness ZOOM 3:30pm Family Activity ZOOM 4pm	31

Big Sandy Rancheria Transportation Services

We will be reducing transports to one day a week. Please ule your transport as soon as p
To schedule an appointme
Tammie Walker
374-0066 ext. 21
Or stop by th

DUE TO THE COVID-19, THERE IS NO TRANSPORTATION UNTIL FURTHER NOTICE.

YOUR APPOINTMENT MUST BE MAD E WALKER *BEFORE* YOUR SPOT CAN BE RESERVED FOR THE TRANS LE APPOINTMENTS *ONLY WITH TAMMIE.*
24 HOURS PRIOR FO EK IN ADVANCE FOR FRESNO TRANSPORTS.

The tr utes after your scheduled departure. If you do not arrive on be canceled and can be rescheduled ***with Tammie only***.
Th sportation services, please call the transporter for a copy of
tation services are for Big Sandy Rancheria tribal members.
not transport kids to school that have missed the bus. All CVIH appoi be scheduled with CVIH transporter. If the CVIH transporter is unable to transpo ey will need to reschedule your appointment. This applies to all medical, dental, nutrition & referral appointments.

ATTENTION ALL TRANSPORTATION PARTICIPANTS
Big Sandy Rancheria will be requiring updated signatures for transportation rules and regulations.

BIG SANDY RANCHERIA

Big Sandy Rancheria

37387 Auberry Mission Rd
P.O. Box 337
Auberry, CA 93602